

# Instrument selection for the ASAS core outcome set for axial spondyloarthritis

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**Handling editor** Josef S Smolen

► Additional supplemental material is published online only. To view, please visit the journal online (<http://dx.doi.org/10.1136/annrheumdis-2022-222747>).

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Received 3 May 2022  
Accepted 20 May 2022  
Published Online First  
9 June 2022



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**To cite:** Navarro-Compán V, Boel A, Boonen A, et al. *Ann Rheum Dis* 2023;**82**:763–772.

## ABSTRACT

**Objectives** To define the instruments for the Assessment of SpondyloArthritis international Society–Outcomes Measures in Rheumatology (ASAS-OMERACT) core domain set for axial spondyloarthritis (axSpA).

**Methods** An international working group representing key stakeholders selected the core outcome instruments following a predefined process: (1) identifying candidate instruments using a systematic literature review; (2) reducing the list of candidate instruments by the working group, (3) assessing the instruments' psychometric properties following OMERACT filter 2.2, (4) selection of the core instruments by the working group and (5) voting and endorsement by ASAS.

**Results** The updated core set for axSpA includes seven instruments for the domains that are mandatory for all trials: Ankylosing Spondylitis Disease Activity Score and Numerical Rate Scale (NRS) patient global assessment of disease activity, NRS total back pain, average NRS of duration and severity of morning stiffness, NRS fatigue, Bath Ankylosing Spondylitis Function Index and ASAS Health Index. There are 9 additional instruments considered mandatory for disease-modifying antirheumatic drugs (DMARDs) trials: MRI activity Spondyloarthritis Research Consortium of Canada (SPARCC) sacroiliac joints and SPARCC spine, uveitis, inflammatory bowel disease and psoriasis assessed as recommended by ASAS, 44 swollen joint count, Maastricht Ankylosing Spondylitis Enthesitis Score, dactylitis count and modified Stoke Ankylosing Spondylitis Spinal Score. The imaging outcomes are considered mandatory to be included in at least one trial for a drug tested for properties of DMARD. Furthermore, 11 additional instruments were also endorsed by ASAS, which can be used in axSpA trials on top of the core instruments.

**Conclusions** The selection of the instruments for the ASAS-OMERACT core domain set completes the update of the core outcome set for axSpA, which should be used in all trials.

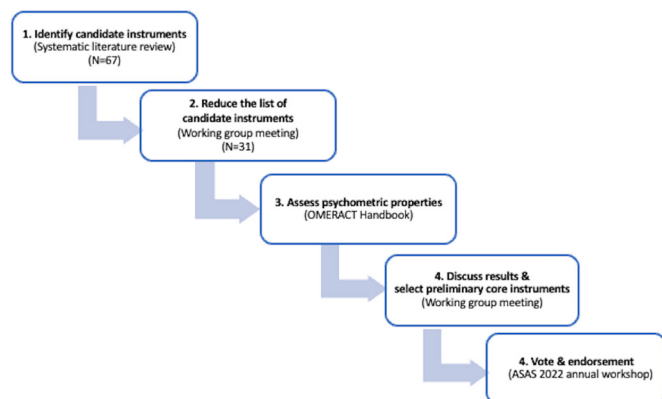
## BACKGROUND

Efficacy and safety of any therapy should be demonstrated in randomised controlled trials. Therefore, it is important that all studies assess the

same outcome domains and measurement instruments to facilitate comparison of results and to ensure that all relevant endpoints are reported. The use of core outcome sets (COS), which describe the minimum set of measures that should be used in all studies, is recommended to facilitate the comparability of results on efficacy and safety of therapies. For the development of any COS, there is a specific procedure, that mainly consists of two consecutive phases: to determine the core domain set (what to measure—selection of the domains) and the core measurement set (how to measure—selection of the instruments). In addition, it is important to update the COS as the field develops.

The Assessment of SpondyloArthritis international Society–Outcomes Measures in Rheumatology (ASAS-OMERACT) COS for ankylosing spondylitis (AS) was developed more than two decades ago.<sup>1–4</sup> Given the progress made since then, both in the knowledge of the disease and in the methodology for developing a COS, ASAS decided to update the original COS for AS into a COS for axial spondyloarthritis (axSpA). As a first phase of this process, the ASAS-OMERACT core domain set has recently been updated and published.<sup>5</sup> It includes seven mandatory domains for all studies and three additional mandatory domains for studies evaluating disease-modifying antirheumatic drugs (DMARDs). The mandatory domains for all trials are: disease activity, pain, morning stiffness, fatigue, physical functioning, overall functioning and health, and adverse events, including death. As additional mandatory domains for DMARDs, extra-musculoskeletal manifestations (EMMs), peripheral manifestations and structural damage have been included.

There are specific procedures available on how to define the core measurement set, mainly those by OMERACT and Core Outcome Measures in Effectiveness Trials.<sup>6–8</sup> These enable standardised data collection and objective data-driven selection of instruments. The aim of this article is to report on the outcome of the instrument selection for the updated COS for axSpA.



**Figure 1** Development process to determine the instruments of the COS. ASAS, Assessment of SpondyloArthritis international Society; COS, core outcome set; OMERACT, Outcomes Measures in Rheumatology.

## METHODS

### Working group

The axSpA working group included 28 participants representing different stakeholders (rheumatologists and other health professional experts in axSpA, patient representatives, pharmaceutical industry representatives, drug regulation officer and methodologists). The main task of this working group was to select at least one instrument for each of the mandatory core domains included in the updated core set for axSpA.<sup>5</sup> A summary of the instrument selection process is depicted in figure 1.

### Identify candidate instruments and reduce the list

A systematic literature review (SLR) was performed to identify all instruments that have been assessed in clinical trials in axSpA. For this, the SLR performed by Bautista-Molano *et al*<sup>9</sup> formed the basis, which was used to update the literature search up to August 2018. The results from both SLRs were combined into a list of unique candidate instruments. Following a discussion in the working group, a reduced and more feasible list of candidate items was proposed. Instruments were excluded whenever experts agreed based on their experience and knowledge of the literature and of the instruments that lacked validity or had insufficient information on truth and discrimination.

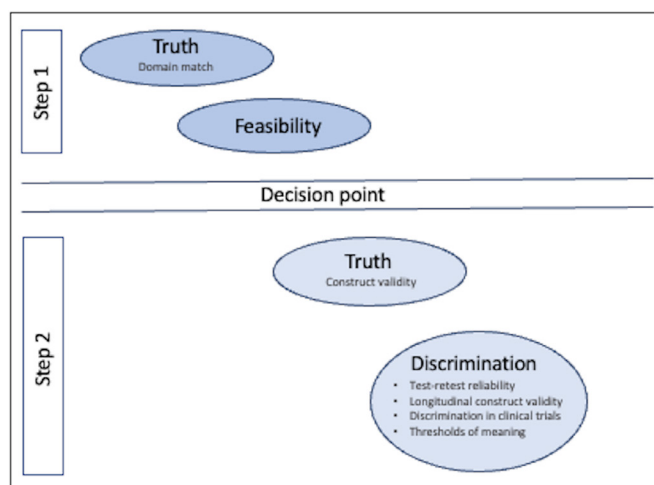
### Psychometric properties assessment

In order to collect information about all psychometric properties in a standardised manner, the OMERACT guidelines as described in the OMERACT Handbook were used.<sup>10</sup> The assessment of psychometric properties consists of two consecutive steps: (1) assess domain match and feasibility and (2) assess truth and discrimination. After completing the first step, it should be decided if the evaluation of the candidate instrument should continue (figure 2).

In order to move forward, the instrument should achieve at least 70% agreement (either ‘good to go’ or ‘some cautions but okay to use’). If less than that, the instrument should be excluded from further properties assessment.

#### Step 1: domain match and feasibility

Domain match (content and face) validity and feasibility were assessed by all members in the working group for each of the candidate instruments using standardised questionnaires provided in the OMERACT Handbook.<sup>10</sup> The last question in these questionnaires was a final conclusion with three answer options: (1) the instrument was considered ‘good to go’, (2)



**Figure 2** Psychometric property assessment: a two-step process.

there were some cautions, but it is ‘okay to use the instrument’ or (3) the instrument was ‘not right’ for this application. Due to the high number of instruments to assess, it was decided that each instrument would be assessed by half of the working group members, with each subgroup representing all stakeholders and at least three different geographical regions. Additionally, 8–14 patients (from Colombia, the Netherlands, Singapore, Spain and the USA) were asked to rate all patient-reported outcomes (PROs) for domain match and feasibility. Furthermore, a review of raw data was performed using data gathered in two observational studies,<sup>11 12</sup> which provided insight in the percentage of missing data, as well as possible floor and ceiling effects for each instrument. After completion of the questionnaires and data analyses, a virtual working group meeting was organised to discuss the results and decide which instruments would be further assessed.

#### Step 2: truth and discrimination

To assess construct validity, the steering committee defined hypotheses regarding the expected strength of the correlation between the assessed instrument and other instruments. Here, due to lack of evidence, we deviated from the OMERACT procedure, which requires the expected correlations to be described within the manuscript that holds the data. Instead, Spearman or Pearson correlation coefficients were extracted to describe construct validity (see online supplemental table S1 for interpretation of the level of the correlation coefficients).

Test-retest reliability was assessed by intraclass correlation coefficients for all continuous scores and by (weighted) kappa statistics for binary and ordinal scores. Furthermore, the data extracted from the articles were used to calculate three measures of longitudinal construct validity ((1) Guyatt’s effect size (ES), (2) standardised response mean and (3) ES (online supplemental tables S1 and S2)) and two measures of discrimination evaluating the ability to differentiate change in the outcome between the arms in clinical trials: (1) standardised mean difference (SMD) and (2) SMD of improvement (online supplemental tables S1 and S2). The final psychometric property to be assessed was thresholds of meaning, which includes thresholds like a minimally clinically important difference or improvement, or a patient acceptable symptom state. These are compared with an external anchor (eg, patient-defined improvement).

## Data collection

In order to ensure a standardised manner of data collection for construct validity, test–retest reliability and thresholds of meaning, we used OMERACT search strings,<sup>10</sup> to collect the data adapted to fit our study population (ie, ‘axial spondyloarthritis’ OR ‘ankylosing spondylitis’ OR ‘axial SpA’ OR axSpA OR AS). All search results were assessed and articles that contained data on the psychometrics of each instrument were saved. All data were extracted by a fellow (ABoel) using a specific extraction file developed for this purpose and then also checked by a second reviewer (VN-C).

For longitudinal construct validity and clinical trial discrimination, the steering committee preselected seven recent placebo-controlled trials in axSpA covering the entire spectrum of the disease and different drugs: INFAST,<sup>13</sup> RAPID-axSpA,<sup>14</sup> ASCEND,<sup>15</sup> COAST-V,<sup>16</sup> SELECT-AXIS,<sup>17</sup> ABILITY-1<sup>18</sup> and COAST-X.<sup>19</sup> All manuscripts that published data on these trials were collected and all data were extracted for the calculations.

## Data overview and synthesis

The OMERACT summary of measurement property (SOMP) tables<sup>10</sup> were used to summarise all psychometric properties assessment results for each instrument. These tables provide an overview of all the studies that reported data on one or more of the psychometric properties. A detailed explanation of the SOMPs is provided in online supplemental table S3.

## Working group proposal

The working group discussed the instrument selection per domain in a 2-day virtual meeting. Several principles were applied. First, at least one suitable instrument had to be selected for each mandatory domain in the COS. Second, it was important to be selective and to create a concise list of instruments to be assessed in every trial in axSpA. It was decided upfront that the decision to include an instrument would be based on the data collected, as well as the collective experience of the working group. Therefore, an instrument could still be included in the COS, even if it was not endorsed according to the OMERACT algorithm. Furthermore, if an instrument was included in the original COS for AS, there should be convincing new scientific evidence for it to be replaced by another instrument.

A two-step approach was taken in the selection of instruments for the COS. First, the working group decided for each instrument whether it was valid to assess the corresponding domain in clinical trials and should be endorsed by ASAS. Second—for those instruments considered valid—the working group decided on inclusion in the COS, using a parsimonious approach ensuring the final product will be feasible and implementable. All decisions were voted on by all attendees. For the instruments assessing the three additional mandatory domains for DMARDs, an additional vote was performed, regarding the frequency of assessment: the instrument should be assessed in all studies or at least in one study during the drug development programme.

## ASAS voting

The proposal from the working group was taken to the entire ASAS community in the 2022 annual workshop, which was held in a virtual format. Here, a summary was provided describing all the steps leading to the proposal. Thereafter, the preliminary instruments for the COS were presented and discussed per domain by ASAS members. A formal voting was performed per domain applying the same cut-offs for agreement as described in

the working group voting procedure applied for acceptance of the proposal by the ASAS community.

## RESULTS

A total of 24 participants took part in the working group meetings and 107 full members were present at the ASAS meeting.

### Identify candidate instruments and reduce the list

The search to update the SLR up to August 2018 retrieved 320 records (online supplemental figure S2). A total of 296 records were screened (ABoel), 81 articles were included for data extraction, from which 67 unique candidate instruments were preselected and reviewed by the steering committee and proposed to the working group. Instruments were taken of the list if they were considered not feasible ( $n=15$ , eg, too time consuming and copyright costs), their performance was proven inferior compared with other candidate instruments ( $n=14$ ) or had insufficient domain match ( $n=7$ ). Finally, the list was reduced to a total of 31 instruments (box 1).

### Measurement properties assessment

Based on domain match and feasibility results, the working group decided to exclude three instruments: Canada–Denmark (CAN-DEN) MRI activity of the spine,<sup>20</sup> Ankylosing Spondylitis spine MRI activity (ASspiMRI-a)<sup>21</sup> and Functional Assessment of Chronic Illness Therapy (FACIT) fatigue,<sup>22</sup> and to further assess the additional measurement properties from step 2 (truth and discrimination) in the 28 remaining candidate instruments. The results for each of the measurement property assessment are presented in detailed for all these instruments in online supplemental files 1–26. In addition, a summary overview table following the SOMPs format is included at the end of the files for all instruments. For the purpose of providing an example, table 1 shows the summary table for one instrument: the Ankylosing Spondylitis Disease Activity Score (ASDAS).<sup>23</sup>

Voting results of the working group members for the proposal in the selection of instruments in the COS are presented in online supplemental table S4. Furthermore, the final voting results at ASAS 2022 annual workshop are displayed in online supplemental table S5.

### Mandatory domains for all trials

#### Disease activity

Ten candidate instruments were investigated for domain match and feasibility, including two PROs, one composite measure (of PROs and inflammation biomarker) and seven objective measures of disease activity (box 1). As the CAN-DEN MRI activity of the spine,<sup>20</sup> and the ASspiMRI-a,<sup>21</sup> did not pass the domain match and feasibility requirements, the psychometric properties of the remaining eight instruments were assessed. The SOMPs are presented per instrument in online supplemental files 1–8. For ASDAS,<sup>23</sup> and patient global assessment (PtGA) for disease activity during last week, there was sufficient evidence for all psychometric properties to support the use of the instrument in clinical trials. Bath Ankylosing Spondylitis Disease Activity Index (BASDAI)<sup>24</sup> performed well for discrimination, but there was inconsistent data regarding the truth aspect. C reactive protein (CRP) performed well with regards to the truth aspect, contrary to the assessment of discrimination, which showed poor performance, even though we know from experience that CRP is highly discriminative in clinical trials. This can be explained by the fact the calculations proposed by OMERACT assume normal data distribution, making them unsuitable to assess discrimination in

## Box 1 Candidate instruments to be considered for the updated COS for axSpA

### Disease activity (n=10):

- ⇒ PtGA for disease activity during last week, on an NRS using the question: 'How active was your rheumatic disease on average during the last week?'.
- ⇒ BASDAI.
- ⇒ ASDAS.
- ⇒ CRP.
- ⇒ SPARCC MRI activity of the SIJ.
- ⇒ SPARCC MRI activity of the spine.
- ⇒ Berlin MRI activity of the SIJ.
- ⇒ Berlin MRI activity of the spine.
- ⇒ CAN-DEN MRI activity of the spine.
- ⇒ ASspiMRI-a.

### Pain (n=2):

- ⇒ Total back pain in the past week, on an NRS using question two of the BASDAI: 'How would you describe the overall level of neck, back or hip pain you have had in the past week?'.
- ⇒ Back pain at night in the past week, on an NRS using the question: 'How much pain of your spine due to axSpA do you have at night?'.

### Morning stiffness (n=3):

- ⇒ Severity of morning stiffness measured on an NRS (BASDAI Q5).
- ⇒ Duration of morning stiffness measured on an NRS (BASDAI Q6).
- ⇒ Combined average score, including severity and duration of morning stiffness, measured on an NRS ((BASDAI Q5+BASDAI Q6)/2).

### Fatigue (n=2):

- ⇒ Fatigue as assessed by BASDAI Q1 on an NRS.
- ⇒ FACIT fatigue.
- ⇒ Physical function (n=1).
- ⇒ BASFI.

### Overall functioning and health (n=2):

- ⇒ ASAS-HI.
- ⇒ SF-36.

### EMMs (n=3):

- ⇒ ASAS CRF uveitis.
- ⇒ ASAS CRF psoriasis.
- ⇒ ASAS CRF IBD.

### Peripheral manifestations (n=5):

- ⇒ 44 swollen joint count.
- ⇒ 66 swollen joint count.
- ⇒ MASES enthesitis score.
- ⇒ SPARCC enthesitis score.
- ⇒ Dactylitis count as recommended by ASAS.

### Structural damage (n=3):

- ⇒ mSASSS.
- ⇒ mNY sacroiliitis score.
- ⇒ SPARCC MRI SSS for erosion.

ASAS, Assessment of SpondyloArthritis international Society; ASAS-HI, ASAS Health Index; ASDAS, Ankylosing Spondylitis Disease Activity Score; ASspiMRI-a, ankylosing spondylitis spine MRI activity; axSpA, axial spondyloarthritis; BASDAI, Bath Ankylosing Spondylitis Disease Activity Index; BASFI, Bath Ankylosing Spondylitis Function Index; CAN-DEN, Canada–Denmark; COS, core outcome set; CRP, C reactive protein; EMMs, extra-musculoskeletal manifestations; FACIT, Functional Assessment of Chronic Illness Therapy; IBD, inflammatory bowel disease; MASES, Maastricht Ankylosing Spondylitis Enthesitis Score; mNY, modified New York; mSASSS, modified Stoke Ankylosing Spondylitis Spinal Score; NRS, Numerical Rate Scale; PtGA, patient global assessment; Q, question; SF, 36-Item Short Form Health Survey; SIJ, sacroiliac joints; SPARCC, Spondyloarthritis Research Consortium of Canada; SSS, Sacroiliac joint Structural Score.

non-normal distributed data such as CRP. Psychometric properties of the instruments used for the assessment of activity on MRI of the SIJ and spine (ie, Spondyloarthritis Research Consortium

of Canada (SPARCC)<sup>25 26</sup> and Berlin MRI scores<sup>27 28</sup>) were comparable between the two scoring methods. There was more information available for the SPARCC compared with the Berlin

**Table 1** Example of an OMERACT SOMP table for one of the instruments: the ASDAS. The table provides an overview of the studies that reported data on one or more of the psychometric properties

Instrument: ASDAS domain: <b>disease activity</b>								Date completed: 13 December 2021
Population: axSpA	Intervention: drugs	Control: placebo/drug		Type of studies: clinical trials				
		Truth		Truth	Discrimination			
Author/year	Study population	Domain match	Feasibility	Construct validity	Test–retest reliability	Longitudinal construct validity	Clinical trial discrimination	Threshold of meaning
WG appraisal (n=29, including 2 PRPs)								
Lukas <i>et al</i> , 2009 <sup>23</sup>	r-axSpA							
van der Heijde <i>et al</i> , 2009 <sup>2</sup>	r-axSpA							
El Miedany <i>et al</i> , 2010 <sup>3</sup>	r-axSpA							
Pedersen <i>et al</i> , 2010 <sup>4</sup>	All axSpA							
van Tubergen <i>et al</i> , 2015 <sup>5</sup>	All axSpA							
Kiltz <i>et al</i> , 2018 <sup>31</sup>	All axSpA							
Lopez-Medina <i>et al</i> , 2018 <sup>7</sup>	All axSpA							
Kwan <i>et al</i> , 2019 <sup>8</sup>	All axSpA							
Hoepken <i>et al</i> , 2021 <sup>9</sup>	All axSpA							
Boel <i>et al</i> <sup>510</sup> COAST, 2021	All axSpA							
Boel <i>et al</i> . <sup>5</sup> RAPID-axSpA, 2021	All axSpA							
van der Heijde <i>et al</i> , 2012 <sup>15</sup>	r-axSpA							
Sieper <i>et al</i> , 2013 <sup>18</sup>	nr-axSpA							
Landewé <i>et al</i> , 2014 <sup>14</sup>	All axSpA							
van der Heijde <i>et al</i> , 2018 <sup>16</sup>	r-axSpA							
Van der Heijde <i>et al</i> , 2019 <sup>17</sup>	r-axSpA							
Deodhar <i>et al</i> , 2020 <sup>19</sup>	nr-axSpA							
Machado <i>et al</i> , 2011 <sup>17</sup>	r-axSpA							
Machado <i>et al</i> , 2018 <sup>18</sup>	axSpA							
Molto <i>et al</i> , 2018 <sup>19</sup>	All axSpA							
Total available studies for each property				9	3	7	6	3
Total studies available for synthesis				9	3	7	6	3
Synthesis rating		Green from WG	Green from WG	Green	Green	Green	Green	Green
OMERACT endorsement	Based on the OMERACT algorithm this instrument is: endorsed. More research could be performed to strengthen test-retest reliability of the ASDAS, especially in the nr-axSpA subgroup							

SOMP table also includes a synthesis rating per psychometric property. Again, a colour system is used to visualise the conclusion for each measurement property based on the collected data.

Amber: all other instances (eg, inconsistent results in good quality papers, only moderate quality papers with consistent results and only one paper was available, which was a good quality paper).

Green: adequate or good performance of the psychometric property, at least two good quality papers showing consistent results.

White: no evidence found for this psychometric property.

In order to get a full OMERACT endorsement (green), all psychometric properties had to have a green synthesis rating. If there is a mix of green and amber in the synthesis rating (eg, all green, except for one), this results in provisional OMERACT endorsement (amber). Finally, if any of the psychometric properties had a red or white (ie, no information available) synthesis rating, the final conclusion according to the OMERACT algorithm would be that the instrument was not endorsed (red).

ASDAS, Ankylosing Spondylitis Disease Activity Score; axSpA, axial spondyloarthritis; nr-axSpA, non-radiographic axial spondyloarthritis; OMERACT, Outcomes Measures in Rheumatology; r-axSpA, radiographic axial spondyloarthritis; SOMP, summary of measurement properties; WG, working group.

assessments, and the SPARCC has a defined cut-off indicating minimally important change while this was not available for the Berlin scores.

All eight investigated instruments for the domain disease activity were finally endorsed by the ASAS community (tables 2 and 3).



**Table 2** Instruments for updated COS for axSpA

Mandatory instruments for all trials	
Domain	Instrument
Disease activity	ASDAS
	Patient global assessment of disease activity (NRS)
Pain	NRS total back pain (BASDAI Q2)
Morning stiffness	Severity and duration of stiffness (BASDAI (Q5 +Q6)/2)
Fatigue	NRS fatigue (BASDAI Q1)
Physical function	BASFI
Overall functioning and health	ASAS-HI
Additional mandatory instruments for disease-modifying drugs trials	
Domain	Instrument
Disease activity	SPARCC MRI activity of the SIJ*
	SPARCC MRI activity of the spine*
EMMs	AAU†‡
	Psoriasis‡§
	IBD†¶
Peripheral manifestations	44 swollen joint count
	MASES
	Dactylitis count (including active fingers and/or toes)
Structural damage	mSASSS*

\*Needs to be assessed at least once in a disease modifying drug programme.  
†According to ASAS recommendations: diagnosis has never been made, was known at the preceding visit or has been made since the last visit.  
‡In case of diagnosis: the number of episodes since the last visit and corresponding treatment.  
§In case of diagnosis: percentage of skin area with psoriasis and treatment: yes/no.  
¶In case of diagnosis: subtype and treatment: yes/no.  
AAU, acute anterior uveitis; ASAS, Assessment of SpondyloArthritis international Society; ASAS-HI, Assessment of SpondyloArthritis international Society Health Index; ASDAS, Ankylosing Spondylitis Disease Activity Score; axSpA, axial spondyloarthritis; BASDAI, Bath Ankylosing Spondylitis Disease Activity Index; BASFI, Bath Ankylosing Spondylitis Functional Index; COS, core outcome sets; EMMs, extra-musculoskeletal manifestations; IBD, Inflammatory bowel disease; MASES, Maastricht Ankylosing Spondylitis Enthesitis Score; mSASSS, modified Stoke Ankylosing Spondylitis Spinal Score; NRS, Numerical Rate Scale; Q, question; SIJ, sacroiliac joint; SPARCC, SpondyloArthritis Research Consortium of Canada Scoring System.

**Table 3** ASAS-endorsed instruments, which can be used in addition to the COS

Additional ASAS-endorsed instruments	
Domain	Instrument
Disease activity	BASDAI
	CRP
	Berlin MRI activity of the SIJ
	Berlin MRI activity of the spine
Pain	NRS back pain at night
Morning stiffness	Severity of morning stiffness (BASDAI Q5)
	Duration of morning stiffness (BASDAI Q6)
Overall functioning and health	SF-36
Peripheral manifestations	66 swollen joint count
	SPARCC enthesitis
Structural damage	SPARCC MRI SSS for erosion

ASAS, Assessment of SpondyloArthritis international Society; BASDAI, Bath Ankylosing Spondylitis Disease Activity Index; CRP, C reactive protein; NRS, Numerical Rate Scale; Q, question; SF-36, 36-Item Short Form Health Survey; SIJ, sacroiliac joint; SPARCC, Spondyloarthritis Research Consortium of Canada; SSS, Sacroiliac joint Structural Score; SSS, Sacroiliac joint Structural Score.

Out of these, a total of four instruments were selected in the COS (table 2): ASDAS and PtGA are mandatory to be assessed in all clinical trials, while SPARCC MRI activity of the SIJ and SPARCC MRI activity of the spine are mandatory (at least in one trial in the development programme of a specific drug) for DMARD trials.

### Pain

In the domain pain, two instruments were identified: total back pain and back pain at night in the past week.<sup>24 29</sup> As both instruments passed the domain match and feasibility requirements, all psychometric properties were assessed. For back pain at night, all psychometrics achieved a good synthesis rating, indicating good performance and consistent results. Results for total back pain were similar, with the exception of construct validity which showed inconsistent results (online supplemental files 9 and 10). Subsequently, both instruments were endorsed by the ASAS members and total back pain was chosen to be included in the COS (tables 2 and 3). Total back pain was preferred as this is present in most patients, while night pain is not, and the implementation of total back pain was in 96%–100% of all studies, while night pain was included in only 20%–42%.<sup>9</sup>

### Morning stiffness

Three instruments were identified for the domain morning stiffness: severity of morning stiffness,<sup>24</sup> duration of morning stiffness<sup>24</sup>; and combined average score, including both severity and duration of morning stiffness.<sup>24</sup> All three instruments passed the domain match and feasibility requirements, and subsequently data were collected on all psychometric properties (online supplemental files 11–13). Psychometric properties were comparable across all three instruments. There was more information available on construct validity of the individual questions compared with the composite score; on contrary, there was much more information on longitudinal construct validity and discrimination for the composite score. ASAS members endorsed all three instruments to assess morning stiffness (tables 2 and 3). Out of the three, the combined score was selected as the preferred instrument to be included in the COS.

### Fatigue

The FACIT-fatigue<sup>22</sup> measure was discussed within the working group, but it was decided this instrument did not have sufficient utilisation at this time to assess feasibility requirements and was, therefore, set aside for future research agenda. Therefore, one instrument was assessed for the domain fatigue: question one of the BASDAI reflecting fatigue.<sup>24</sup> This instrument was also included in the previous core set and was well implemented (84%–100%).<sup>9</sup> Good performance and consistent results were found for all psychometric properties except clinical trial discrimination (online supplemental file 14). ASAS members endorsed this instrument and voted for inclusion in the COS to assess the domain fatigue (table 2).

### Physical function

One instrument was investigated for the assessment of physical function: Bath Ankylosing Spondylitis Function Index (BASFI).<sup>30</sup> There was inconsistent information regarding construct validity and clinical trial discrimination (online supplemental file 15); for the other psychometric properties, BASFI showed good performance and has been well implemented (88%–100%). BASFI was endorsed and voted to remain in the COS (table 2).

## Overall functioning and health

Two instruments were identified to assess overall functioning and health, one disease specific instrument: ASAS Health Index (ASAS-HI),<sup>31</sup> and one generic instrument: 36-Item Short Form Health Survey (SF-36).<sup>32</sup> The ASAS-HI is a relatively new instrument developed by ASAS according to the latest insights in methodology, based on the International Classification of Functioning, Disability and Health. It is free for use and available in many languages. Both SF-36 and ASAS-HI showed comparable construct validity, but ASAS-HI performed better on test-retest reliability (online supplemental files 16 and 17). Contrary to the ASAS-HI, there is no sufficient disease-specific information regarding the thresholds of meaning for the SF-36. The ASAS members endorsed both instruments, but preferred the ASAS-HI over the SF-36 for inclusion in the COS (tables 1 and 2).

## Mandatory domains for DMARD trials

### Extra-musculoskeletal manifestations

For the assessment of EMMs, three instruments were identified to collect information on acute anterior uveitis (AAU), psoriasis and inflammatory bowel disease (IBD), based on previous ASAS recommendations.<sup>33</sup> For all three EMMs, it is required to collect information on the diagnosis (has never been made, was known at the preceding visit or has been made since the last visit) and additional information such as extent and treatment on the EMM. For all EMMs, only limited information was available regarding construct validity and discrimination (online supplemental file 18). Nonetheless, given the relevance of standardised information collection on EMMs, ASAS agreed to collect EMMs as an outcome measure, rather than as adverse events, which is currently common practice. Therefore, the instruments to assess AAU, psoriasis and IBD were endorsed and selected for the COS (table 2).

### Peripheral manifestations

A total of five instruments were identified for the assessment of peripheral manifestations (online supplemental files 19–23), which included two instruments for the assessment of arthritis, two instruments for the assessment of enthesitis and one instrument for the assessment of dactylitis<sup>33</sup> (box 1).

Psychometric properties were comparable for the 44 and 66 swollen joint count, both showing inadequate performance for clinical trial discrimination. However, the inclusion criteria of current trials do not request a minimum number of involved joints, which hampers the discriminatory ability. In addition, the data are highly skewed, which makes the assessment of trial discrimination challenging. Moreover, there was no information available on thresholds of meaning. Nonetheless, both were endorsed by the ASAS members (tables 2 and 3), thereby ensuring standardised data collection that allows for future assessment of their performance. As the 44 swollen joint count performed slightly better and is included in the original COS for AS,<sup>3</sup> this was chosen as the preferred instrument for inclusion in the COS.

There was more information available regarding the psychometric properties of Maastricht Ankylosing Spondylitis Enthesitis Score (MASES)<sup>34</sup> than the SPARCC enthesitis score,<sup>35</sup> but, overall, the performance of both was comparable. Similar to the swollen joint counts, the assessment of discriminatory ability is hampered by the fact that current trials do not request the presence of enthesitis and data are skewed. Here too, the ASAS members endorsed both instruments but chose the MASES to be included in the COS, as this instrument is considered more

specific for axSpA and was included in the previous core set (tables 2 and 3).

For dactylitis, there was little information available on any of the psychometric properties. However, as for the EMMs, the working group decided it would be of great value to start collecting information in a standardised manner. Therefore, the dactylitis count (per ASAS recommendations)<sup>33</sup> was endorsed and included in the COS (table 2).

### Structural damage

Three instruments in the domain structural damage were investigated: modified Stoke Ankylosing Spondylitis Spinal Score (mSASSS),<sup>36</sup> to assess the spine, the modified New York (mNY) score for the SIJ<sup>37</sup> and the SPARCC MRI SIJ structural Score (SSS) for erosion.<sup>38</sup> For this domain, it was difficult to assess discrimination as it takes at least 2 years for radiographic changes to occur in axSpA (especially in early disease)<sup>39,40</sup> trials.

Interrater and intrarater reliability has been shown to be poor for the mNY score, which also has an impact on its potential to show change over time (online supplemental file 24). Therefore, the ASAS members did not endorse this instrument.

Test-retest reliability for both the mSASSS and SPARCC MRI SSS erosion was good, and there was information in support of construct validity (online supplemental files 25 and 26). Therefore, both mSASSS and SPARCC MRI SSS erosion were endorsed by the ASAS members. Yet, only the mSASSS was selected for inclusion in the COS (tables 2 and 3).

### Voting and endorsement

At the 2022 ASAS annual meeting, the instruments selected by the working group were presented and discussed per domain, followed by a vote on the proposal. For each domain, there was only one round of voting required to obtain the 75% cut-off (as specified in the Methods section). The agreement varied between 80% and 97%. Detailed voting results can be found in online supplemental table S5.

## DISCUSSION

This manuscript presents the instruments selected to assess the ASAS-OMERACT core domains for axSpA. This is the final step of an extensive process to update the previous COS dating from 1999.<sup>1–4</sup> In total, the COS includes seven instruments for the domains that are mandatory for all trials and nine additional instruments mandatory for studies evaluating DMARDs.

It is important to keep in mind that the objective of the COS is not to include everything that may be useful for assessing the efficacy and safety of a treatment within a study, but rather to define a minimum but mandatory set, considering that the final product must be feasible and implementable. Adhering to the principle of parsimony, only one instrument was selected for each domain, except for the disease activity domain, where two instruments were selected for all trials, and two more instruments were included for studies assessing DMARDs. This highlights the relevance of the disease activity domain when assessing the efficacy of therapies in patients with axSpA.

The previous core set was endorsed by OMERACT. We tried to follow the OMERACT filter 2.2,<sup>41</sup> as much as possible to select the instruments. However, strict application of this filter would have resulted in endorsement of only 3 out of the 28 instruments (online supplemental files 1–26). Instruments that are currently used (eg, CRP) could not be fully endorsed by OMERACT, even though these instruments were used in the past to obtain drug regulatory agencies approval for currently used

therapies. The consequence would be that we would not be able to recommend any instrument in the near future, and perhaps never, even though patients and physicians consider these domains important. Moreover, as the axSpA field is moving quickly, there is a high need for a speedy update of the core set. After discussion, the overall conclusion was that having a core domain set without instruments would be meaningless and potentially harmful for its final goal to standardise outcomes. Therefore, it was preferred to include less optimal instruments or instruments that are likely optimal but for which some information is missing, but which may also be cumbersome to obtain. This will at least enhance standardisation and will subsequently provide more information on these instruments. The decision is important as with some instruments, full or even provisional endorsement is very hard to obtain, since not all instruments are suitable for the process and summary tables as requested by OMERACT.<sup>10</sup> PROs are most suitable to follow the recommended process, but the process is less applicable to instruments whose data are highly skewed—such as structural damage—or instruments that pertain to a subgroup of patients, which the randomised controlled trial (RCT) is not powered on, such as swollen joints. However, the results of the OMERACT summary tables can be used to direct further research.

Compared with the original COS, the instruments set of the updated COS is more specific and precise, which will favour its implementation and help standardise the evaluation of outcomes in studies.<sup>42</sup> After the publication of the original COS, some smaller adaptations had taken place. For example, in the original set, visual analogue scales were included. This was changed to numerical rating scales, which is now officially confirmed and was based on the scientific evidence that has emerged over the years demonstrating a preference for NRS.<sup>43 44</sup>

The following instruments were part of the original core set and remain: PtGA to assess disease activity (NRS), fatigue (NRS and BASDAI Q1), total back pain (NRS and BASDAI Q2), BASFI and 44 swollen joint count (the latter only for DMARD trials). Five instruments that were part of the original core set have not been reselected: erythrocyte sedimentation rate (ESR), night pain, chest expansion, modified Schober and occiput to wall distance. The latter three were not selected, because the domain spinal mobility was no longer included in the COS. The CRP needs to be assessed as this is part of the ASDAS, but ESR/CRP were not considered essential as separate outcome measures. With regards to instruments assessing pain, the fact that pain at night was not well implemented in the original core set (20%–42%<sup>9</sup>) in addition to the fact that this may be absent in patients with axSpA made the stakeholders regard total back pain as sufficient to assess the domain pain.

Three new instruments have been added for all trials: severity and duration combined score of morning stiffness (BASDAI (Q5 + Q6)/2) replacing the duration of morning stiffness, the ASDAS as part of the domain ‘disease activity’ and the ASAS-HI for the new domain ‘overall functioning and health’. An important aspect for the implementation of a core set is feasibility. Although there are seven instruments listed to be included for all trials, actually only five instruments need to be collected: PtGA, CRP, BASDAI, BASFI and ASAS-HI. Two questions of the BASDAI together with CRP and PtGA are used to calculate the ASDAS; other separate questions from BASDAI are used as instruments for fatigue, total back pain and morning stiffness. The BASFI and ASAS-HI are two specific instruments developed to assess the respective domains. Although the information for the entire BASDAI and also CRP is available, these are not required to be present individually. The ASDAS has been shown

to have better psychometric properties than the BASDAI and is, therefore, preferred and makes the BASDAI redundant.<sup>45 46</sup> The CRP is less useful as a marker of inflammation as it is not elevated in most patients and for some interventions (eg, physiotherapy) it is not expected that CRP will improve.

The most prominent changes are in the instruments selected for trials assessing DMARDs. By the selection of the domains, it was already made clear that all aspects of axSpA need to be assessed. Therefore, instruments had to be selected for three peripheral manifestations, three EMMs and structural damage. The ASAS community decided that it was also important to add two objective instruments to the domain disease activity: the SPARCC MRI activity of the SIJ and SPARCC MRI activity of the spine to assess inflammatory lesions on MRI. This underlines the importance of objectively assessing inflammation in this specific setting at least in one trial in the development programme of a specific DMARD. The SPARCC instruments were selected over the Berlin instruments, as there were more data available on the SPARCC instruments, including a defined cut-off indicating minimally important change.

To assess arthritis, the 44 swollen joint count was maintained. Moreover, the choice of the MASES was also in agreement with the previous COS. For dactylitis, the dactylitis count, assessed according to ASAS recommendations,<sup>33</sup> was chosen. It was decided to count only digits with active dactylitis as this improves the performance of the instrument. ASAS has previously developed case reported forms (CRFs) to assess uveitis, IBD and psoriasis.<sup>33</sup> These are recommended as the optimal way to obtain information about EMMs. It is clear that such CRFs are not instruments as such, but they collect all information to present incidence rates in both patients known to have the respective EMM or as new onset. Although there is little information on the use of these CRFs, it was felt very important to implement them to improve collection of these (efficacy) outcomes, which are currently often only assessed as adverse events with insufficient information. Finally, the domain structural damage was already in the previous core set, but without a selected instrument, although in practice, the mSASSS was used for this. This is now officially endorsed. While the mSASSS assesses structural damage in the spine only, the SIJs are also important, but there was no instrument chosen for the assessment of structural damage in the SIJs. The mNY score on radiographs was not endorsed. The SPARCCC MRI SSS for erosion was endorsed for the assessment of erosions on MRI of the SIJs, but it was judged that it was too early to include this in the core set as mandatory instrument. The low-dose CT scan assessing the SIJs or the entire spine are promising tools under development, but there was insufficient information available to formally assess it.

Furthermore, 11 other instruments were also endorsed by ASAS. Both the working group and the entire ASAS community considered all these instruments valid for assessing the corresponding domain. They can be used in clinical trials but always in addition to (and not as a substitute for) those already included in the COS.

In conclusion, the definition of the instruments for the ASAS-OMERACT core domain set is a milestone in the area of axSpA, as it completes the update of the COS for axSpA. From now on, it should be used in all trials evaluating the efficacy and safety of any type of therapy in patients with axSpA. However, in order to make the COS update meaningful, it is necessary to work on further steps. First, it is essential to put efforts into dissemination and implementation of the COS. For this, ASAS intends to work following the same strategy as for other ASAS products, such as the classification criteria for axSpA, by maximising



all its dissemination platforms (website, social media, courses, congresses and publications). Second, after defining the domains and instruments to be used in all studies, it is important to establish how the results of these individual measurements in the studies are to be reported. In this sense, the aim of ASAS is to establish a consensus that defines exactly which results are to be published and how this is to be done. Finally, as progress is made in the axSpA field, it will be necessary to consider the next update of the COS. However, in order for the COS to meet its final goal, it needs to remain unchanged for a certain period of time to allow time for implementation in studies.

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**Acknowledgements** We would like to thank all Assessment of SpondyloArthritis international Society members for their participation in the project.

**Contributors** VN-C, ABoel and DvdH wrote the first draft of the manuscript. All authors participated actively in the project. All authors critically reviewed the manuscript for important intellectual contribution and approved the final version.

**Funding** The Assessment of SpondyloArthritis international Society funded ABoel and VN-C to work on the project to update the core outcome set.

**Competing interests** VN-C: grants/honoraria from AbbVie, Janssen, Lilly, Novartis, Pfizer and UCB. ABoen: grants from AbbVie ad Novartis and honoraria for boards or lectures from Abbvie, Galapagos and Lilly. PJM: research grants, consultation fees and/or speaker honoraria from Abbvie, Aclaris, Amgen, Bristol Myers, Boehringer-Ingelheim, Galapagos, Gilead, GlaxoSmithKline, Inmagene, Janssen, Lilly, Novartis, Pfizer, SUN Pharma and UCB. MD: consulting fees Pfizer, AbbVie, Amgen, BMS, Boehringer Ingelheim, Celgene, Galapagos, Gilead, Glaxo-Smith-Kline, Janssen, Lilly, Merck, Novartis, Pfizer, Regeneron, Roche, Sanofi and UCB Pharma. UK: grant and research support and consultancy fees from AbbVie, Amgen, Biogen, Chugai, Eli Lilly, Fresenius, Gilead, GSK, Janssen, MSD, Novartis, Pfizer, Roche and UCB. RBML: honoraria from AbbVie, AstraZeneca, BMS, Boehringer Ingelheim, Celgene, Galapagos, Gilead, GlaxoSmithKline, Janssen, Eli-Lilly, Novartis, Pfizer and UCB Pharma; Director of Rheumatology Consultancy BV. XB: consulting fees AbbVie, Amgen, BMS, Celgene, Galapagos, Gilead, Janssen, Lilly, MSD, Novartis, Pfizer, Roche and UCB. WB-M: research speaker's fees from Janssen, Lilly, Novartis, Pfizer and Biopas. PC: research grants/honoraria from Novartis, Pfizer, Zuellig Pharma and Janssen. LF: employee and shareholder of Pfizer. MG-C: research collaboration with and provides services to Novartis Pharma AG. LG: research grants/honoraria from AbbVie, Eli Lilly, Gilead, GSK, Janssen, Novartis, Pfizer and UCB. BKE: consultancy, research grants and speaker's fees from AbbVie, Amgen, BMS, Eva, Hekma, Janssen, Lilly, MSD, New Bridge, Novartis, Pfizer, Roche, Sanofi-Aventis and Servier. NH: consultant for Amgen, Abbvie, Eli Lilly, Janssen, Merck, Novartis, Pfizer and UCB. PMM: consulting/speaker's fees from Abbvie, BMS, Celgene, Eli Lilly, Janssen, MSD, Novartis, Orphazyme, Pfizer, Roche and UCB, all unrelated to this manuscript. WM: consulting fees Abbvie, BMS, Boehringer, Celgene, Lilly, Janssen, Novartis, Pfizer and UCB; research and/or educational grants from Abbvie, Novartis and Pfizer; Chief Medical Officer CARE Arthritis Limited. AM: speaker honoraria for lectures, presentations from Abbvie, UCB, Novartis, Pfizer, Gilead, Janssen, MSD, BMS, Biogen and Lilly. NdP: employee of UCB Pharma. DP: research support from AbbVie, Lilly, MSD, Novartis and Pfizer, consulting fees from AbbVie, Biocad, Gilead, GlaxoSmithKline, Eli Lilly, MSD, Novartis, Pfizer, Samsung Bioepis and UCB and speaker fees from AbbVie, Bristol-Myers Squibb, Lilly, MSD, Novartis, Pfizer and UCB. MP: speaker honoraria for lectures, presentations from Novartis and UCB. SR: research grants from Galapagos, MSD, Novartis and Pfizer and consulting fees from AbbVie, Eli Lilly, MSD, Novartis, UCB and Sanofi. I-HS: employee of AbbVie, Immunology Clinical Development, USA. DvdH: consulting fees AbbVie, Amgen, Astellas, AstraZeneca, Bayer, BMS, Boehringer Ingelheim, Celgene, Cystone, Daiichi, Eisai, Galapagos, Gilead, Glaxo-Smith-Kline, Janssen, Lilly, Merck, Novartis, Pfizer, Regeneron, Roche, Sanofi, Takeda, UCB Pharma; Director of Imaging Rheumatology bv. ABoel, HD, YHK and SvW: no competing interests to declare.

**Patient consent for publication** Not applicable.

**Ethics approval** Not applicable.

**Provenance and peer review** Not commissioned; externally peer reviewed.

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