

## **LAY SUMMARY: OMERACT – SHARED DECISION MAKING**

### **Consensus voting – April 2020**

Shared decision making is an international priority to improve quality of care in rheumatology. Shared decision making happens when both patients and health professionals make a decision together based on the best evidence from research and what matters most to patients. Our group is interested in interventions to facilitate shared decision making such as patient decision aids. We aim to identify core outcome domains to measure the impact of shared decision making interventions in clinical trials.

We have gone a long way since the beginning of our work - we modified and clarified the core outcome domain set extensively. At OMERACT 2018, we came close to endorsing the core set. Yet, we needed to resolve grey areas. Thus, our group developed a white paper to explain our core domain set. We conducted interviews of patients, clinicians and researchers to clarify the core domain set. Then, we designed an international knowledge translation strategy to explain our new core outcome domains and make final improvements. This strategy included two short animated videos: the first focused on our 6-step shared decision making process and the second on the currently proposed six core outcome domains. We disseminated the videos on social media and directly to rheumatology organizations and patient groups. We invited viewers to answer a short survey on their understanding of shared decision making core outcome domains.

This brings us to this important moment of our consensus voting. We have learned a lot about shared decision making core outcome domains in rheumatology and we are now ready for this next step. See you there!